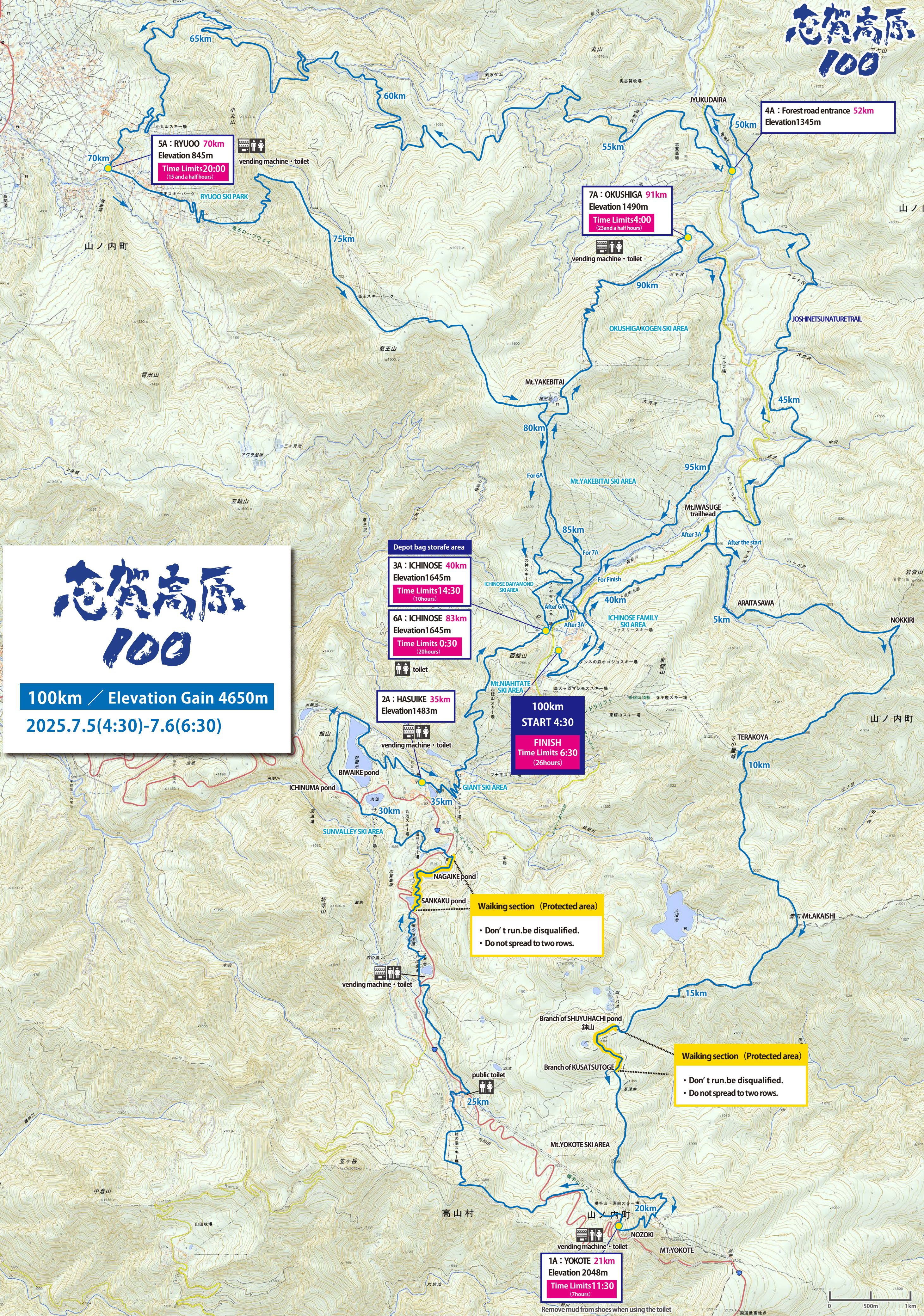


志賀高原 100



5A : RYUO 70km
Elevation 845m
Time Limits 20:00
(15 and a half hours)

4A : Forest road entrance 52km
Elevation 1345m

7A : OKUSHIGA 91km
Elevation 1490m
Time Limits 4:00
(23 and a half hours)

Depot bag storage area
3A : ICHINOSE 40km
Elevation 1645m
Time Limits 14:30
(10 hours)

6A : ICHINOSE 83km
Elevation 1645m
Time Limits 0:30
(20 hours)

100km
START 4:30
FINISH
Time Limits 6:30
(26 hours)

2A : HASUIKE 35km
Elevation 1483m

Waiking section (Protected area)
• Don't run. be disqualified.
• Do not spread to two rows.

Waiking section (Protected area)
• Don't run. be disqualified.
• Do not spread to two rows.

1A : YOKOTE 21km
Elevation 2048m
Time Limits 11:30
(7 hours)

志賀高原 100

100km / Elevation Gain 4650m
2025.7.5(4:30)-7.6(6:30)